OUR IMPACT

To address the growing effects of the COVID-19 pandemic, we conducted 79 trainings and webinars relating to telemedicine, emergency regulatory changes and the impact of the pandemic on both recipients and providers of care. These trainings reached an audience of 25,774 individuals at human service agencies primarily in New York.

In 2020, through 258 events, we reached 1,083 organizations representing an audience of 23,214 unique individuals, providing training and technical assistance to 70% of all New York State mental health, substance use, child welfare and individuals with developmental disabilities organizations.

Since 2011, through 1,547 events, we have reached 1,155 organizations representing an audience of 39,319 members, providing training and technical assistance to approximately 75% of all New York State mental health, substance use, child welfare and individuals with developmental disabilities organizations.
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MESSAGE FROM THE EXECUTIVE DIRECTOR

Dear Friends,

In 2020, powerful and unexpected forces reshaped the world in which we carry out our mission to disrupt generational poverty and address inequities through research, policy, training, interventions and community forums.

The global COVID-19 pandemic exposed and deepened longstanding inequities in health and economic well-being along lines of race and ethnicity, income, disability, gender identity and sexual orientation. A racial reckoning was reignited by the police killings of George Floyd, Breonna Taylor and countless others, leading to widespread protests and nascent attempts at justice reform. These developments transformed the way in which we carry out our mission, but we already had the tools in place to do so. Addressing the needs of communities in crisis is at the heart of what we do at NYU McSilver.

As reported a year ago, I was appointed to lead the working group of experts supporting the Congressional Black Caucus Emergency Taskforce on Black Youth Suicide and Mental Health in 2019. They produced the seminal report, Ring The Alarm: The Crisis of Black Youth Suicide and Mental Health. These policy efforts reached an important milestone in September 2020, when the U.S. House of Representatives passed H.R. 5469, the Pursuing Equity in Mental Health Act, legislation authored by Rep. Bonnie Watson Coleman (D, NJ) to address the disparities in access, care and study of mental health issues among people of color.

At the New York State level, NYU McSilver supported legislation to establish a Black youth suicide prevention task force that was passed in the state legislature. It was not signed into law; nonetheless, the New York State Governor established a taskforce under the state’s Office of Mental Health, to which I was appointed this year. Our additional policy efforts included testimonies to lawmaking bodies, as well as hosting and participating in forums at the community, New York City, state and national levels. The National Institutes of Health, Congressional Black Caucus, Federal Communications Commission and Manhattan Borough President’s Office are among the many organizations hosting forums to which NYU McSilver contributed its voice in 2020.

NYU McSilver received additional funding during 2020 for its three-year research grant from the National Institute of Mental Health (NIMH) to
study the effectiveness of a novel treatment intervention for keeping Black adolescents engaged in depression treatment. The additional funding was received through a diversity research supplement application, and expands the population sample of the study to include Latinx youth.

Black and brown youth are in peril of being left behind during a pandemic where they face greater obstacles to remote learning, food security, economic stability and family health than their white counterparts. Our Step-Up youth development and mental health support program, which is embedded within two New York City public high schools located in East Harlem and the Bronx, pivoted to meet these needs. The program provided an important bridge between at-risk youth and their schools by providing virtual one-on-one and group sessions to address learning and emotional needs, and providing computer tablets for those who needed them to continue their studies upon their graduation in June. Of those who graduated, 94.5% went on to college and 5.5% are employed.

Meanwhile, we have adapted the training and technical assistance that we provide for child welfare and mental health agencies in New York State for the COVID-19 pandemic environment. NYU McSilver-led Technical Assistance Centers seamlessly transitioned to an all-online training model and provided critical training on the rapidly changing clinical and regulatory environment. Also, they created webinars to address the challenges of providing telehealth services and support to vulnerable communities, particularly around how trauma, stress, resilience and mental health trends impact all who are affected by the COVID-19 pandemic. In 2020, they provided training and technical assistance to 70% of all organizations in New York State that provide services for mental health, substance use and individuals with developmental disabilities, reaching more than 23,000 individuals.

Please join me in thanking the NYU McSilver staff for their continued leadership as we carry out our mission. The institute enters 2021 ready to face the challenges posed by the greatest disruption our society has faced in recent history. We are driven by the knowledge that the need for policies and interventions that disrupt poverty and inequity is as urgent as ever.

Sincerely,

Michael A. Lindsey, PhD, MSW, MPH
Executive Director
NYU McSilver Institute for Poverty Policy and Research
Aspen Health Innovators Fellow, The Aspen Institute
The NYU McSilver Institute for Poverty Policy and Research is committed to creating new knowledge about the root causes of poverty, developing evidence-based interventions to address its consequences, and translating research findings into action through policy and best practices.

Established in 2007, the McSilver Institute is the brainchild of Dr. Constance McCatherin Silver, a New York University alumnus and trustee who was determined to establish a top-notch research institute to not only contribute to the intellectual discourse, but to also find solutions that would disrupt generational poverty in communities most affected by inequality and injustice.

NYU McSilver recognizes the interrelatedness of race and poverty and is dedicated to dismantling structural racism and all forms of systemic oppression. We collaborate with community stakeholders, policymakers and service organizations to ensure our work is culturally and contextually appropriate.

Over the years our research has recognized the importance of well-being — in matters such as mental health, food security and social determinants of health — to disrupting generational poverty. Our policy work builds on that knowledge, informing efforts at the local, state and federal levels to address and end social, economic and health-related inequity.

Since 2011, we have provided training and technical assistance to 75% of all organizations in New York State that provide services for mental health, substance use and individuals with developmental disabilities, reaching an audience of more than 39,319 individuals.

We also have recognized the importance of honoring those who lead the way in addressing inequity. In 2013 we launched the McSilver Awards. Each year we recognize several Vanguards for Social Justice who are prominent in their fields and unafraid to use their platforms to help create a more equitable and just world.

In 2017, NYU McSilver was selected to lead the university-wide Strategies to Reduce Inequality (SRI) initiative, which is part of NYU’s Cross-Cutting Initiative on Inequality. We lead a team from schools and disciplines across NYU encompassing 80 faculty affiliates and 16 research centers working on issues of inequality.
In 2019, SRI launched an Inequality Minor course of studies in collaboration with Silver School of Social Work, as well as the New York City Reducing Inequality Network (NYC-RIN) initiative for doctoral students at NYU, Columbia University and the City University of New York.

Also in 2019, the McSilver Institute led the working group of experts for the Congressional Black Caucus Emergency Taskforce on Black Youth Suicide and Mental Health, through our Executive Director, Dr. Michael A. Lindsey. They produced the seminal report, Ring The Alarm: The Crisis of Black Youth Suicide and Mental Health. As well, we supported legislation co-sponsored by New York State Senator David Carlucci and Assemblymember Kimberly Jean-Pierre to establish a Black youth suicide prevention task force. It passed in the state legislature, but was not signed into law. Nonetheless; the New York State Governor established a taskforce under the state’s Office of Mental Health, to which Dr. Lindsey was appointed.

In 2020, twin pandemics swept the nation: a new one caused by COVID-19; and an old one reaching a point of reckoning: racial injustice. NYU McSilver evolved its work to meet both challenges. SRI introduced a new class that was part of NYU’s Big Ideas series, led by Dr. Lindsey and NYU Deputy Provost Dr. C. Cybele Raver, focused on racial inequality in America.

Meanwhile, our Technical Assistance Centers seamlessly transitioned to an all-online training model to provide critical instruction on the rapidly changing clinical and regulatory environment. Our Clinical Education and Innovation Department (CEID) adapted its trainings and resources to address telehealth services, back-to-school transition, and rising needs relating to mental health, child welfare and domestic violence in poverty-impacted communities. Also, our Step-Up program provided its student participants with equipment to aid in remote learning.

In September 2020 our mental health policy efforts reached an important milestone when the U.S. House of Representatives passed H.R. 5469, the Pursuing Equity in Mental Health Act, authored by Rep. Bonnie Watson Coleman (D, NJ) to address the disparities in access, care and study of mental health issues among people of color.

NYU McSilver enters 2021 more determined than ever to use our knowledge and platform to change lives for the better.
DEVELOPING EVIDENCE-BASED INTERVENTIONS TO ADDRESS POVERTY

NYU McSilver’s research focus involves developing evidence-based interventions to address the consequences of inequality, racism and poverty. Our research efforts are guided by an understanding of the links between individuals, families and communities to their external environments, as well as the interrelatedness of race, gender, sexual orientation and poverty.

SAFE MOTHERS, SAFE CHILDREN (SMSC)

Funder: Robin Hood Foundation
Principal Investigator: Michael A. Lindsey, PhD

SMSC seeks to reduce the risk of repeat child maltreatment through a multi-pronged intervention that enhances the identification, case management and treatment of mothers receiving preventive services.

The study intervention is adapted from Skills Training in Affective and Interpersonal Regulation (STAIR), which is designed to treat post-traumatic stress disorder (PTSD) and use Parent-Child Interaction Therapy (PCIT) to foster positive parenting, reduce child maltreatment and enhance maternal and child well-being.

In response to conditions created by the COVID-19 pandemic, the study used teletherapy with its participants.

Read more about SMSC online
MAKING CONNECTIONS INTERVENTION (MCI)

Funder: National Institute of Mental Health
Principal Investigator: Michael A. Lindsey, PhD

A pilot randomized controlled clinical trial is studying the effectiveness of the MCI in 60 Black adolescents who have depression symptoms and attend grades 6-12 within New York City Department of Education public schools. The intervention has been devised to address barriers to engagement, in youth, as well as their caregivers. It is a one-to-two session school-based intervention that involves not only the relationship between youth and therapist, but also between parent and child, and parent and therapist. It is added to the IPT-A, an evidence-based intervention for depression that is delivered in schools and was developed by Columbia University psychologist Laura Mufson, PhD.

Additionally, MCI includes the use of unique digital tools and content, developed by the social enterprise Ker-Twang, to inform and engage young participants. App development has been completed and released on the App Store and Android Market for study participants.

In July 2020, McSilver Institute received additional funding for the three-year MCI research grant through a diversity research supplement that will expand the study population sample to include Latinx youth.

*Read more about MCI online*

The MCI Headway mobile app, developed through a partnership with Ker-Twang, offers virtual resources to adolescent participants in the Making Connections Intervention.
**PROGRAMS**

**STEP-UP**

Step-Up is a youth development and mental health support program funded by the Robin Hood Foundation and New York City Department of Education that aims to promote social-emotional development, key life skills, academic achievement, high school graduation and a positive transition to young adulthood. The program is embedded within two New York City high schools located in East Harlem and the Bronx.

Developed by NYU McSilver in collaboration with the Center for Collaborative Inner-City Child Mental Health Services Research (CCCR) at the Mount Sinai School of Medicine, Step-Up was designed for youth experiencing significant environmental, academic, social and emotional challenges. It is a multi-component, youth-informed program that offers in-school life skills groups, one-on-one mentoring, mental health supports, structured opportunities for community service and leadership development.

The program provides supportive services for teens living within low-resourced communities to promote academic achievement and a positive transition to adulthood. It aims to address ecological stressors that disproportionately affect Black and Latinx youth and their families who are impacted by poverty and violence.

**OUTCOMES**

Over the past **12 years**, Step-Up has worked in partnership with youth, parents and staff out of 8 high schools. The program has served over **800 students** (35% Black, 50% Latinx, 15% other) and achieved a **graduation rate of 97%**, among many other positive educational and mental health outcomes.

› Read more about Step-Up online
CLINICAL EDUCATION AND INNOVATION

The Clinical Education and Innovation Department (CEID) focuses on a unique array of programs, trainings and tools to support practitioners and organizations working within poverty-impacted communities. The aim is to improve service delivery and business best practices within social service organizations. To do this, CEID uses a range of modalities based on the needs and learning styles of participants. These include in-person experiential training, webinars, online self-paced courses, consultation calls and podcasts. Some of CEID’s core trainings include:

- **4 Rs and 2 Ss for Strengthening Families**, a curriculum-based practice designed to strengthen families, decrease child behavioral problems and increase engagement in care.
- **Engagement Strategies for Child, Family and Adult Services**, which focuses on best practices that can increase the initial and ongoing engagement of participants in services.
- **Workforce Resilience**, which provides helping professionals with tools to combat and cope with the myriad social challenges that they experience through their work.
- **Trauma-Informed Care**, a strengths-based movement focused on providing services grounded in an understanding of the pervasiveness of trauma and its impact on children, youth, adults, families and communities.
- **Social Determinants of Health**, which are the factors that impact health and well-being and encompass every aspect of individuals’ lives.
- **Anti-Oppressive and Anti-Racist Practices**, which focus on issues of cultural humility, addressing microaggressions and exploring bias.
- **Family and Food Matters to Caregivers and Kids**, a 7-week program to strengthen family relationships and promote physically healthy lifestyles within families at risk for food insecurity.
- **Family and Food Matters to Pregnant Women**, a 4-week nutrition and wellness program that helps to increase support and decrease challenges around having sufficient and healthy foods to eat.

» Read more about CEID online
TRAINING & TECHNICAL ASSISTANCE

Applying Research-Derived Knowledge to Transform Systems in New York State

The McSilver Institute-led Technical Assistance Centers (CTAC, MCTAC, TTAC and MC-COP) are training, consultation and educational resources serving all mental health, substance use disorder, child welfare and intellectual and developmental disability-focused agencies in New York State, as well as infant and early childhood mental health providers throughout New York City. The Centers help agencies strengthen their clinical and business practices through training opportunities focused on implementing evidence-based practices and addressing the challenges associated with the recent changes in regulations, financing and overall healthcare reforms.

In 2020, the TACs worked closely with their funders to quickly adapt to the changing landscape brought on by the COVID-19 pandemic. The centers seamlessly transitioned to an all-online training model and provided critical training on the rapidly changing clinical and regulatory environment.

Read more about Technical Assistance online

THE COMMUNITY TECHNICAL ASSISTANCE CENTER OF NEW YORK (CTAC)

Funder: NYS Office of Mental Health

Since 2011, CTAC has advanced the effective and efficient delivery of services to children, adults and families who rely on public sector services to meet their mental health needs. CTAC offers a variety of trainings, tools and support to help improve direct services, program operations and development of the family and youth peer workforce.

In the “Conversations with Dr. Tony,” NYU McSilver Innovation and Implementation Officer Dr. Anthony Salerno interviewed guests such as Dr. Linda Lausell-Bryant, Clinical Associate Professor at the NYU Silver School of Social Work.
THE MANAGED CARE TECHNICAL ASSISTANCE CENTER OF NEW YORK (MCTAC)

Funder: NYS Office of Mental Health

MCTAC provides policy, administrative and implementation technical assistance to mental health, substance abuse and child welfare agencies transitioning to managed care and value-based payment systems. CTAC and MCTAC share a mission of helping agencies develop strong business and financial models to ensure sustainability in the changing healthcare landscape.

THE NYC EARLY CHILDHOOD MENTAL HEALTH TRAINING AND TECHNICAL ASSISTANCE CENTER (TTAC)

Funder: NYC Department of Health and Mental Hygiene
Partnership Lead: New York Center for Child Development (NYCCD.org)

TTAC provides training and technical assistance to mental health professionals serving children ages 0–5 and their families in the New York City Department of Health and Mental Hygiene-funded Early Childhood Therapeutic Centers, as well as professionals working in: New York City outpatient mental health clinics; Early Intervention, Universal Pre-K and ACS Early Learn sites; and other child-serving systems.

THE MANAGED CARE COMMUNITY OF PRACTICE (MC-COP)

Funder: NYS Office of People with Developmental Disabilities
Partnership Lead: New York Alliance for Inclusion and Innovation (NYAlliance.org)

The McSilver Institute was a partner in the New York Alliance for Inclusion and Innovation-led technical assistance project to guide and assist all providers of New York State Office for People With Developmental Disabilities services through the transition to managed care. The Managed Care Community of Practice (MC-COP) in Intellectual and Developmental Disabilities (I/DD) offered training, technical assistance and collaborative educational opportunities on managed care readiness, quality improvement and new reimbursement strategies to all New York’s I/DD providers to enable not-for-profit agencies to leverage their strengths in the new environment. The MC-COP project was completed in June 2020.
Our policy-advancing activities made significant impacts in 2020 on the constituencies that are the heart of our mission. They resulted in federal legislation and increased attention, at the state and local levels, on the needs of underserved communities.

**BLACK YOUTH MENTAL HEALTH AND SUICIDE PREVENTION**

NYU McSilver’s mission includes a focus on health disparities, particularly research, programs and policy development to address trends in suicide and mental health.

NYU McSilver also supported New York State legislation co-sponsored by Senator David Carlucci and Assemblymember Kimberly Jean-Pierre to establish a Black youth suicide prevention task force that was passed in the state legislature, but was not signed into law.

At the Governor’s direction, the New York State Office of Mental Health (NYSOMH) announced in January 2020 that it had begun working with Dr. Lindsey and the McSilver Institute “to develop strategies related to black youth suicide prevention,” as well as develop a public awareness campaign using the Center for Practice Innovations public facing portal, review the evidence-based practice curriculum in higher education for social work, and additional public awareness efforts launched by NYSOMH.

NYU McSilver’s federal policy efforts reached an important milestone in September 2020, when the U.S. House of Representatives passed **H.R. 5469, the Pursuing Equity in Mental Health Act**, legislation authored by Rep. Bonnie Watson Coleman (D, NJ) to address the disparities in access, care and study of mental health issues among
people of color. Its provisions were based, in part, on the seminal report, *Ring The Alarm: The Crisis of Black Youth Suicide and Mental Health*, produced by the CBC taskforce that Dr. Lindsey led.

Throughout 2020, McSilver also participated in community forums relating to mental health with the National Institute of Mental Health, CBC and Federal Communications Commission (relating to the upcoming 988 National Suicide Prevention Hotline), and other organizations.

> Read more about suicide prevention online

**SCHOOL-BASED MENTAL HEALTH SUPPORT**

NYU McSilver’s policy work also focuses on disrupting the school-to-prison pipeline resulting from racial disparities in school-based mental health resources, coupled with discipline measures that too often address mental health problems in Black and brown youth with suspensions and expulsions.

As outlined by the NYSOMH in January 2020, part of our work with the state’s Suicide Prevention Task Force will be to “collaborate on incorporating the unique needs of [Black youth] into the curriculum for mental health education in schools,” as well as to review how school-based clinics are addressing the needs of underserved populations.

In April 2020, Dr. Lindsey submitted written testimony to the New York State Assembly Standing Committee on Mental Health about the impact of COVID-19 on the state’s K–12 students of color and the need to expand and adapt school-based mental health services to meet their needs.

The following month, NYU McSilver submitted written testimony to the New York City Council Committee on Finance about its Step-Up program and the need for youth development and mental health support programs of its kind. Also, Dr. Lindsey participated in a virtual town hall about the need for more social workers in schools that was hosted by Manhattan Borough President Gale A. Brewer and included Council Member Mark Treyger, Chair, New York City Council Education Committee.

> Read more about school-based mental health online
RANKED-CHOICE VOTING

New York City has adopted ranked-choice voting for certain municipal primaries and special elections beginning in 2021. Ranked-choice voting allows voters to rank their top five candidates in order of preference. It gives voters more choice, while providing a more equitable path for candidates from Black, brown and low-income communities.

In October 2020, NYU McSilver COO Rose Pierre-Louis was appointed to the executive board of the Committee for Ranked Choice Voting NYC (RCVNYC), joining Susan Lerner, Executive Director of Common Cause/NY and Betsy Gotbaum, Executive Director of Citizens Union. In 2021, NYU McSilver will engage in community outreach and work with RCVNYC on public forums to educate voters about ranked-choice voting and its benefits. Pierre-Louis has been raising awareness through webinars, community events, training and thought leadership expressed in local media outlets, such as City Limits.

*Read more about RCV online*

A December 24, 2020 guest editorial in *City Limits* by Rose Pierre-Louis
STRATEGIC INITIATIVES

STRATEGIES TO REDUCE INEQUALITY (SRI)

Persistent inequality requires an approach that is multidimensional to identify meaningful sustainable solutions. To that end, NYU faculty across schools and disciplines have come together to work on the Strategies to Reduce Inequality (SRI) initiative, a part of the university’s Cross-Cutting Initiative on Inequality. For NYU’s Big Ideas course series in Fall 2020, SRI contributed a focused exploration of racial inequality in the U.S., featuring expert guests in law, public health, education, social work, policy and more, taught by NYU Deputy Provost Dr. C. Cybele Raver and NYU McSilver Executive Director Dr. Michael A. Lindsey.

Read more about SRI online

CROSS-CUTTING INITIATIVE ON INEQUALITY

This initiative is co-led by NYU Deputy Provost Cybele Raver, Senior Presidential Fellow Ellen Schall and NYU McSilver Executive Director Dr. Michael A. Lindsey. Its mission is to reduce social and economic inequality by engaging in transformative scholarship and service and by developing a next generation of scholars and leaders seeking to understand and combat inequality. Among its activities over the course of 2020 was the Inequality in Uncertain Times speaker series.

Read more about the Cross-Cutting Initiative online
MCSILVER FELLOWS-IN-RESIDENCE (2020-2021)

The McSilver Institute Fellowship engages nationally recognized poverty and social justice scholars across disciplines to conduct research projects, publish books and papers, conduct courses, and participate in seminars, conferences and workshops.

HENRY L. GREENIDGE, ESQ.

Henry L. Greenidge, Esq. is a 2020-2021 Fellow-in-Residence for NYU McSilver. His areas of expertise include energy, infrastructure, sustainability, broadband, and autonomous transportation. Previously, he led state and local government affairs, as well as public engagement for Cruise, a GM subsidiary focused on autonomous vehicles. He has been a Program Examiner in the White House Office of Management and Budget during the Obama Administration, a Policy Advisor to the U.S. Secretary of Transportation and has held positions within the New York City Office of the Mayor and the NYC Department of Transportation, among other roles.

Read more about Henry Greenidge online.

GARY S. BELKIN, MD, PHD, MPH

Gary Belkin was formerly Deputy Health Commissioner for New York City, and most recently founded and leads the Billion Minds Institute. The Institute aims to bring policy and practical attention and change for taking on the “social climate” crisis of the environmental climate crisis. He has implemented and advanced innovative approaches to mental health, especially those that integrate with and amplify other social and community capabilities, policies, and goals at scale. He has held senior management positions in government and large health and human service providers, advisory roles in U.S. urban settings, as well as national and local government partnerships globally, and work as a teacher and researcher.

Read more about Dr. Gary Belkin online.
NYU BLUEPRINTS FOR PROGRESSIVE CHANGE IN JUVENILE JUSTICE

Children face profound and predictable disparities in their encounters with the legal system. NYU Blueprints for Progressive Change in Juvenile Justice involves faculty working across disciplinary boundaries to address these disparities. In collaboration with policy and practice leaders, Blueprints develops and tests research-based solutions to create lasting change in the lives of children and their families. Blueprints is co-sponsored by NYU’s Institute of Human Development and Social Change (IHDS) and the Strategies to Reduce Inequality initiative, and advances NYU’s mission to leverage rigorous scholarship toward social impact.

Read more about NYU Blueprints online

SUSTAINING FUTURES

Teaching in prison takes an unexpected toll on the health of college faculty and staff. If educators don’t have the tools and resources they need to counteract those impacts, the sustainability of their programs — and the fates of thousands of students — are put at risk. NYU McSilver teamed up with Corrections to College and the Stanford Criminal Justice Center to address this challenge. We’ve partnered with faculty and staff from 17 community colleges for Sustaining Futures: A Trauma-Informed and Resiliency-Based Community of Practice for California Community Colleges Teaching in Prison. This innovative initiative was designed to help faculty and staff learn how to better navigate the high levels of trauma in in-prison classrooms by providing a contextual framework on trauma and resiliency and by offering a comprehensive set of tools.

Read more about Sustaining Futures online

Dr. Andrew Cleek led a McSilver Institute staff delegation at the National Conference on Higher Education in Prison in St. Louis, Missouri.
PARTNERSHIP WITH THE GREATER NEW YORK CHAPTER OF THE LINKS, INC. (GNY LINKS)

The Links, Incorporated, is one of the nation’s oldest and largest women’s volunteer service organizations, and is dedicated to enriching, sustaining and ensuring the culture and economic survival of African Americans and other persons of African ancestry. The Greater New York Chapter of the Links, Inc. (GNY Links) comprises members from all five boroughs, Westchester County and Long Island; and is dedicated to supporting programs that enhance the well-being of families and senior citizens in the New York City area. NYU McSilver partnered with the GNY Links to convene several timely virtual forums on police reform, domestic violence and COVID-19, social workers in NYC public schools, and a conversation on cultural racism with fashion icon André Leon Talley.

PARTNERSHIP WITH FPWA

FPWA is committed to economic opportunity and upward mobility through anti-poverty policy and advocacy. FPWA’s member network of more than 170 faith and community-based organizations reaches more than 1.5 million people in New York’s communities each year. In 2020, NYU McSilver partnered with FPWA on a virtual town hall about mental health in NYC public schools and a police reform forum with local elected leaders.

PARTNERSHIP WITH THE HAITIAN ROUNDTABLE

The Haitian Roundtable (HRT) is a not-for-profit organization of Haitian-American professionals who are committed to civic engagement and strategic initiatives benefiting the Haitian community. It is committed to working collaboratively with the goal of redefining the narrative about Haiti and Haitians. Events that HRT and NYU McSilver collaborated on included three webinars relating to the impact of COVID-19 on Haitians and Haitian Americans, a police reform forum with elected leaders and a discussion between two authors about a biography of the life of Toussaint Louverture, the most prominent Haitian Revolution leader.
Below is a roundup of some of the most important public and targeted programming produced by NYU McSilver or featuring NYU McSilver staff. Please see the “News Highlights” and “Presentations” sections of this report for additional appearances in 2020 by our staff.

« Learn more about all of the McSilver Institute’s past events

**JANUARY 20TH BLACK BOYS AND MEN: CHANGING THE NARRATIVE, SEASON 2 LAUNCH»

We took the second season of NYU McSilver’s podcast on the road, from Little Rock to Chicago to Philly and back to NYC. Hosted by our Chief Operating Officer Rose Pierre-Louis, this season explored masculinity, belonging, mental health, how women and girls enter the conversation, and how we can change the narrative about Black boys and men for the better.

**THROUGHOUT 2020 COVID-19 AND ANTI-RACISM WEBINARS**

In 2020 our Technical Assistance Centers seamlessly transitioned to an all-online training model, and our Clinical Education and Innovation Department adapted its trainings and resources to address telehealth services, back-to-school transition, racial oppression and rising needs relating to mental health, child welfare and domestic violence in poverty-impacted communities.

Among the many trainings and webinars were, “Conversations with Dr. Tony: What Can Organizations Do to Improve Anti-Racist and Anti-Oppressive Practices?” “Coping with the COVID-19 Pandemic: Identifying and Assisting the Most Vulnerable and Socially Isolated Adults Struggling with Behavioral Health Problems,” “Telehealth for OMH and OASAS Providers During COVID-19 State of Emergency,” and “Education During COVID-19: What You Need to Know to Protect Students’ Rights.”
APRIL 8TH  **STAYING SANE AND STRONG DURING COVID-19**

The Haitian Roundtable hosted a virtual discussion about promoting mental wellness within the Haitian-American community in the time of COVID-19, with NYU McSilver as a community co-sponsor.

MAY 15TH  **SOCIAL WORKERS TOWN HALL**

Manhattan Borough President Gale A. Brewer hosted a virtual town hall on the need for more social workers in NYC public schools, with the McSilver Institute as a community co-sponsor. Our Executive Director Dr. Michael A. Lindsey participated in the panel.

On Zoom and Facebook Live, elected leaders explained how their offices are addressing the COVID-19 pandemic, highlighted important resources and responded to viewer questions.

MAY 26TH  **MANHATTAN LEADERS TOWN HALL**

Elected officials representing New Yorkers at the city, state and federal levels connected with constituents in Manhattan through a virtual town hall. The conversation was moderated by NYU McSilver Chief Operating Officer Rose Pierre-Louis. Participants included: U.S. Representative Jerry Nadler, NYS Attorney General Letitia James, NYC Comptroller Scott M. Stringer, State Senator Brian A. Benjamin and Assemblymember Linda B. Rosenthal.

JUNE 18TH  **CRIMINAL JUSTICE TOWN HALL**

NYU McSilver Chief Operating Officer Rose Pierre-Louis and Arva Rice, Chief Executive Officer of the New York Urban League, co-moderated a panel of elected leaders about justice reform, including Representative Adriano Espaillat (D, NY), NYC Public Advocate Jumaane Williams, NY Assembly Majority Leader Crystal Peoples-Stokes, State Senator Brian Benjamin and NYC Council Member Donovan Richards.

JULY 13TH  **FCC TOWN HALL: THRIVING WHILE BLACK**

Federal Communications Commission Commissioner Geoffrey Starks hosted an online discussion about the roles that communications technology and media can play to address Black mental healthcare needs, with NYU McSilver Executive Director Dr. Michael A. Lindsey and Rep. Bonnie Watson Coleman (D, NJ) participating.
SEPTEMBER 22ND **DOMESTIC VIOLENCE AND COVID-19**
In commemoration of Domestic Violence Awareness Month 2020, NYU McSilver co-hosted a virtual town hall with experts and advocates, co-moderated by **Rose Pierre-Louis** and **Reverend Sydney M. Avent** of the Christian Church (Disciples of Christ).

**OCTOBER 29TH** **RUSSELL SAGE FOUNDATION**
NYU Strategies to Reduce Inequality initiative, led by NYU McSilver Executive Director **Dr. Michael A. Lindsey**, hosted a virtual visit with the foundation’s Program Director, **Dr. James Wilson**, about the causes and consequences of social, political and economic inequalities in the US.

**OCTOBER 30TH** **RACE CHALLENGES IN THE WORKPLACE**
NYU McSilver co-hosted a fireside chat about how women confront race-related workplace challenges, broadcast live by the Manhattan Neighborhood Network television channel, with Chief Operating Officer **Rose Pierre-Louis** participating.

**NOVEMBER 9TH** **BLACK SPARTACUS BOOK INTERVIEW**
NYU McSilver co-hosted an armchair interview between **Dr. Sudhir Hazareesingh**, author of *Black Spartacus: The Epic Life of Toussaint Louverture*, and **Dr. Peniel E. Joseph**, author of *The Sword and the Shield: The Revolutionary Lives of Malcolm X and Martin Luther King, Jr.* The topic was an icon of the age of revolution: François-Dominique Toussaint Louverture, the most prominent leader of the Haitian Revolution.

**NOVEMBER 18TH** **COLLEGE, COVID AND EDUCATIONAL EQUITY**
With East Harlem Tutorial Program, NYU McSilver co-hosted a virtual roundtable to discuss how COVID-19 impacts BIPOC students, and what can be done to create anti-racist educational experiences.
OTHER EVENTS & INITIATIVES

APRIL 22ND  ADVICE FOR COPING DURING THE PANDEMIC %
NYU McSilver Director of Trauma-Informed Services Dr. James Rodriguez took part in a virtual panel discussion for journalists hosted by the New York Chapter of the Online News Association (ONA NYC).

APRIL 21ST  NIMH - RESPONDING TO THE ALARM: ADDRESSING BLACK YOUTH SUICIDE %
NYU McSilver’s Executive Director Dr. Michael A. Lindsey joined a virtual roundtable hosted by the Office for Disparities Research and Workforce Diversity at the National Institute of Mental Health, in collaboration with the Office of Behavioral Health Equity at the Substance Abuse and Mental Health Services Administration.

APRIL 30TH  LIVE WITH BONNIE: MENTAL HEALTH & COVID-19 %
NYU McSilver Executive Director Dr. Michael A. Lindsey took part in a virtual discussion hosted by Rep. Bonnie Watson Coleman (D, NJ).

JUNE 24TH  EMOTIONAL WELLNESS SUMMIT
NYU McSilver Executive Director Dr. Michael A. Lindsey participated in a virtual discussion focused on resilience-building in the face of the COVID-19 pandemic, hosted by the Harlem Children’s Zone.

JUNE 25TH  CARIBBEAN HERITAGE MONTH FORUM
The NYC Commission on Human Rights hosted a virtual forum about cultural pride and action, with NYU McSilver COO Rose Pierre-Louis as the guest speaker.

JULY 9TH  AFSP TOWN HALL %
NYU McSilver Executive Director Dr. Michael A. Lindsey joined a virtual town hall hosted by the American Foundation for Suicide Prevention, titled “Supporting Mental Health in Communities of Color: Ways Forward.”

JULY 24TH  CBC TOWN HALL: BLACK MENTAL HEALTH IN 2020 %
Congressional Black Caucus held a virtual town hall discussion with NYU McSilver Executive Director Dr. Michael A. Lindsey participating. Rep. Bonnie Watson Coleman (D, NJ), chair of the Congressional Black Caucus Emergency Taskforce on Black Youth Suicide and Mental Health, began the discussion.
AUGUST 3RD CITY & STATE NY ECONOMIC EQUITY FORUM

*New York State Senator Kevin Parker* (D-21, Brooklyn) and a group of diversity and strategy chiefs from city and state agencies shared their efforts to ensure that Black and brown communities aren’t left behind in the pandemic, during a virtual panel discussion hosted by *City & State New York*. NYU McSilver CCO *Sheryl Huggins Salomon* moderated the discussion.

SUMMER & FALL 2020 TRANSPORTATION EQUITY EVENTS

NYU McSilver 2020-2021 Fellow-in-Residence *Henry L. Greenidge* participated in a series of webinars about equity in the future of transportation and mobility, at conferences and forums such as CoMotion Live, EVNoir, Vision Zero Cities and Road to Zero.

OCTOBER 28TH AASWSW WEBINAR ON SYSTEMIC RACISM AND POVERTY

NYU McSilver Executive Director *Dr. Michael A. Lindsey* joined a webinar about how systemic racism has created inequality and the over-representation of Black families struggling with poverty, co-hosted by the American Academy of Social Work and Social Welfare.

NOVEMBER 23RD FORMER NY GOVERNOR DAVID PATERSON

NYU McSilver COO *Rose Pierre-Louis* co-moderated a discussion about *Hon. David A. Paterson*’s memoir, *Black, Blind and in Charge*.

DECEMBER 1ST ELEANOR’S LEGACY LEADERSHIP PANEL ON WOMEN AND GIRLS

NYU McSilver COO *Rose Pierre-Louis* joined a “Leaders Roundtable” event hosted by the Eleanor’s Legacy Action Fund, with *New York Senate Majority Leader Andrea Stewart-Cousins*, CBRE CEO *Mary Ann Tighe* and *Janella Hinds* of the United Federation of Teachers.

DECEMBER 9TH FOOD, FOOD INSECURITY AND MENTAL HEALTH

NYU McSilver Director of Clinical Education and Innovation Department *Dr. Kara Dean-Assael* took part in a virtual panel to discuss the impact of food and food insecurity on mental health.

DECEMBER 16TH CITY & STATE NY CORPORATE SOCIAL RESPONSIBILITY ROUNDTABLE

NYU McSilver CCO *Sheryl Huggins Salomon* hosted a virtual roundtable discussion about Corporate Social Responsibility during the *City & State New York* Responsible 100 Luncheon. Participants included *Carmelyn Malalis*, Commissioner of the NYC Commission on Human Rights and *Mark Chambers*, Director of the NYC Mayor’s Office of Sustainability, as well as representatives of Google and IBM.
NEWS HIGHLIGHTS

Throughout 2020, our institute and staff members shared their insights with media outlets about our research, programs, policy advocacy and civic engagement education. We also discussed the impact of the pandemic and the racial justice reckoning on the communities at the heart of our mission. NBC Nightly News with Lester Holt, People, USA Today and its sister newspapers, the Radio.com network of 230 radio stations, NPR/Morning Edition, Spectrum News – NY1, Psychiatric News and The Washington Post are just a few of the 100+ media outlets that ran coverage of the McSilver Institute in 2020.

Some highlights include:

JANUARY

Sports Couldn’t Save Bryce Gowdy, and His Suicide Shines a Sad Spotlight on an Ignored Crisis
Washington Post

Bryce Gowdy’s Suicide: Why This Column Struck a Nerve and Why We Can’t Drop This Conversation
Orlando Sentinel

MARCH

Black Men’s Emotions on Display at the Staples Center and Beyond
The Crisis Magazine

JUNE

We Need to Talk About Black Youth Suicide Right Now, Says Dr. Michael Lindsey
People

Black Youth Suicide Attempt Rate Increasing at Alarming Rate (pictured at left)
NBC Nightly News with Lester Holt

‘We’re Losing Our Kids’: Black Youth Suicide Rate Rising Far Faster Than for Whites; Coronavirus, Police Violence Deepen Trauma
USA Today

One New York: Race and Parenting (top of next page)
Spectrum News NY1
AUGUST

2020: Caring for the Mental Health of Black Americans
Spectrum News – NY1

Also: Bay News 9 Tampa

SEPTEMBER

I’m Listening: Dr. Michael Lindsey Sees an Increase in Childhood Anxiety During COVID and Social Unrest
Radio.com

When a Child Sees Their Parent Abused, the Trauma Can Last a Lifetime
Fatherly

OCTOBER

Ep. 59 — Transportation, Civil Rights and Opportunity with Henry L. Greenidge
The Adverse Effect Podcast

10 Everyday Examples of the Glaring Reality of White Privilege
Reader’s Digest

NOVEMBER

House Passes Bill to Address Mental Health Care Disparities in Youth
Health Crisis Alert

Insecurity, Banks, and Waste — How Food Plays a Role in Our Everyday Lives
Verywell Fit

DECEMBER

The Power Players (pictured at right)
City and State New York

Opinion: Don’t Delay Ranked Choice Voting – Educate Voters Instead
City Limits New York

Black Teenagers With Mental Health Issues May Be Reluctant to Seek Help
NPR/Morning Edition
FACTS & FIGURES

39 Full-time equivalent staff members
+
11 Interns

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H. Christian Villatoro, LMSW
Janet Watson, FPA-C
FUNDING - EXTERNAL SOURCES (2020)

<table>
<thead>
<tr>
<th>GOVERNMENT GRANTS AND CONTRACTS</th>
<th>$5,710,000</th>
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<tr>
<td>MISCELLANEOUS INCOME</td>
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<tr>
<td>FOUNDATIONS AND PUBLIC-PRIVATE PARTNERSHIPS</td>
<td>$617,000</td>
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EXTERNAL FUNDING OVER TIME (2012-2020)

$51 MILLION
Total dollar amount awarded in grants and other external funding since the establishment of NYU McSilver.

CURRENT PARTNER ORGANIZATIONS AND SUPPORTERS

BENEFACTORS
Constance and Martin Silver

FOUNDATIONS
Robin Hood Foundation
W.T. Grant Foundation
Five Together Foundation
Kenworthy Swift Foundation

GOVERNMENTAL AGENCIES
National Institutes of Health
Office of Mental Health (OMH)
Office of Addiction Services and Supports (OASAS)
NYC Department of Health and Mental Hygiene (DOHMH)

NON-PROFITS, ACADEMIC INSTITUTIONS AND CORPORATIONS
The Danya Institute
Alliance Health
NY Alliance for Inclusion and Innovation
NYCCD
CPI/RFMH
National Children’s Alliance
Mercer
Louisiana State University
CCSI
Families Together
ICL
NYAPRS
NYU Langone — IDEAS Center
NAMI — NYC Metro
PUBLICATIONS


**PRESENTATIONS**


Lindsey, M.A. NYU Department of Population Health Grand Rounds. Virtual, January 2020.


Lindsey, M.A. NYU Department of Child and Adolescent Psychiatry (Child Study Center) 2020-2021 Grand Rounds, April 2020.


Lindsey, M.A. Suffering in Silence: Signs of Suicidal Behavior in Black Youth with Dr. Michael Lindsey. Behavioral Alliance of South Carolina. Virtual, July 2020.


Lindsey, M.A. Thriving While Black: The Role of the Media and Communications Technology in Addressing Black Mental Health, hosted by FCC Commissioner Geoffrey Starks, Panelist. Federal Communications Commission. Virtual, July 2020.


Lindsey, M.A. Saving Our Boys. Black@Facebook. Virtual, October 2020.


