



**Monday, January 18, 2021**

**In Commemoration of  
Martin Luther King, Jr. Day**

**6:00 – 7:15 PM EST**

# **RING THE ALARM: MENTAL HEALTH & BLACK YOUTH**

**What Parents, School Personnel & the Community Should Know**

More Information at [bit.ly/forum-resources](https://bit.ly/forum-resources)



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OF NEW YORK

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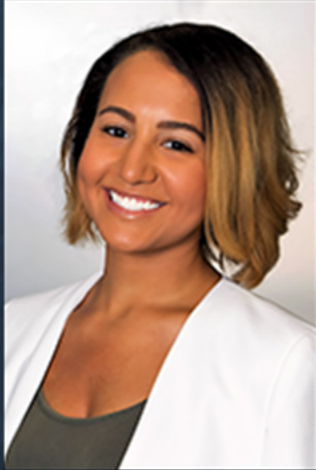
# RING THE ALARM: MENTAL HEALTH & BLACK YOUTH

What Parents, School Personnel & the Community Should Know



# RING THE ALARM: MENTAL HEALTH & BLACK YOUTH

## What Parents, School Personnel & the Community Should Know



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**Lethal means**  
when attempting suicide  
has **INCREASED** with  
**Black Male Youth**



**Suicide Attempts**  
went up

**73%**

1991 - 2017



**Injuries from Attempts**  
went up

**122%**

1991 - 2017



Suicide death rate among Black youth is increasing faster than any other racial/ethnic group:



**Black Males** ages 5-11  
are **more likely** to die by  
suicide compared to their  
White peers

Data from *Ring the Alarm: The Crisis of Black Youth Suicide and Mental Health*, December 2019 report released by the Congressional Black Caucus's Emergency Taskforce. Online: [https://watsoncoleman.house.gov/uploadedfiles/full\\_taskforce\\_report.pdf](https://watsoncoleman.house.gov/uploadedfiles/full_taskforce_report.pdf)


More resources: [bit.ly/forum-resources](https://bit.ly/forum-resources)

# COVID-19 Impact on Child Mental Health



99%  
of children are living with restrictions on movement

COVID-19 is hurting children's mental health

60%   
live in countries under full or partial coronavirus lockdowns

1.5 billion children are out of school



Girls are particularly affected, with containment measures resulting in increased gender-based violence



Younger children are at great risk, as high levels of stress and isolation can affect brain development, sometimes with irreparable long-term consequences

Posttraumatic Stress Disorder

30%  
Met the clinical criteria for post-traumatic stress disorder



71%  
Of US children are now at home



25%  
Report being anxious

More resources: [bit.ly/forum-resources](https://bit.ly/forum-resources)